



Te Arotakenga/Cultural Assessment



Acknowledgements

To our Forensic Leaders, for there ongoing commitment and work around Forensic KPIs.

Of Note Eric Monasterio the massive contributions and extensive history with the Forensic MHS going back 20 years, and of the Latter 6 years as Clinical Director. His knowledge of the Medico-Legal interface is Phenomenal.

He has been consulted by clinicians and legal representatives throughout Aotearoa New Zealand. He has provided expert opinions on numerous adverse events, serious event reviews and Coroners reports across the country. His focus was clearly towards working alongside Tangata Whaiora and their whanau in a genuine, dignified and Humane manner.

A Friend and colleague, A mentor and preceptor, A Leader and Forensic Scientist, a very Humble man.



Initial Cultural Assessment

- ▶ The importance of the Powhiri Model, Initial engagement process. A likened to that of our Tikanga and Kawa when welcoming visitors to a Marae. (Ensuring Maori Kaimahi are there to abridge this process for Maori when coming into mental health services)
- ▶ Mihimihi, Ko wai koe(Who are you), No hea Koe(Where you from/Meet and Greet).
- ▶ Whakawhanaungatanga model (developing a relationship/Repaul)
- ▶ The initial cultural assessment wont capture everything we need information wise around a persons History, as the process of assessment is as important as the content.



Initial cultural assessment

Te Tiriti o Waitangi Obligations and requirements, and acknowledgement of the principles of participating in partnership and protecting the rights of Maori coming into Mental health services.

Te Arotakenga is based is a Cultural Assessment utilising the Maori Modality of health Te Whare Tapa Wha, It is a Holistic model of care, and addressees the Four domains/Parameters of ones health. Taha Whanau, Hinengaro, Tinana, Wairua. The Cultural assessment sees Maori from a Maori world view, Maori perspective or Maori Lens.

Assess any Cultural risks or Cultural Phenomenon.

The Cultural assessment should go alongside the Psychiatric Assessment, and the Formulation meaning the Treatment and care plan should evolve from the two assessments.



Te Arotakenga/Cultural Assessment

- ▶ Seeks to understand who the Tangata Whaiora and their whanau are, and assess the strength of their identity.
- ▶ Examines the nature of cultural issues that are described by Tangata Whaiora and their whanau.
- ▶ Looking at patterns of behaviour that are culturally determined and indicative of distress or pathology.
- ▶ Disturbances of cultural nature in the life of Tangata Whaiora and their whanau is considered.
- ▶ This can lead to consideration of Trans generational patterns and sources of problems.



Te Arotakenga/Cultural Assessment

- ▶ The Cultural assessment also explores commonly encountered behaviours and whanau dynamics, considering differing patterns of presentation in various stages of life.
- ▶ When we look at fit of cultural life to every day life, what does that look like for Tangata Whaiora, This refers to relationships between how the Tangata Whaiora and their whanau see themselves and choose to Live, and how there daily living experiences accommodates this.
- ▶ Within a cultural assessment culturally typical patterns of speech and behaviour will be correctly interpreted preventing any Maori cultural misinterpretations and misunderstandings.



Te Arotakenga/Cultural Assessment

- ▶ Enables Tangata Whaiora and their whanau to explain their understanding of the cultural factors of the illness presentation. This will allow specific history and events to be understood in terms of presentation, and to be incorporated into treatment and care plans.
- ▶ The cultural assessment is the evaluation of the cultural contributing factors to the presentation of Tangata Whaiora to a mental health service.
- ▶ It is an evaluation of cultural strengths and needs of Tangata Whaiora and their cultural identity.
- ▶ The cultural assessment incorporates cultural experts identified and trusted by Tangata Whaiora and their whanau.



Te Hua Oranga Maori outcome Measuring Tool

- ▶ Given the High proportion of Maori in general within the Regional Forensic services and Correction Services, that we should be looking at developing a Maori outcome measuring tool similar to Te Hua Oranga.
- ▶ There appears to be challenges with Te Hua Oranga, with regards to understanding this tool, but if we look at Te Arotakenga/Cultural assessment and Tangata Whaiora and or their whanau that's threaded through this presentation surely we as a group can look at developing a Maori outcome measuring tool, rather than Honos secure which is a Clinical outcome measuring tool.